



3X3 SAFEGUARDING AND GOVERNANCE GUIDANCE - FOR MINORS

Basketball England is committed to ensuring that all children who take part in 3x3 basketball activities are able to have fun and participate in an environment that is safe, fun and inclusive.

Due to the informal nature of playing 3x3 basketball, 3x3 basketball activities cannot always be regulated by Basketball England and often, there may not be a Basketball England affiliated staff member present. 'Staff' refers to anyone in a paid or voluntary role in basketball.

It is therefore the responsibility of the parent to determine whether they are happy for their child to play 3x3 basketball, and which activities they attend. 'Parent' refers to persons with parental responsibility.

Basketball England have therefore produced this guidance to support parents whose child or children are playing 3x3 basketball.

Do you know where your child wants to go?

- Does your child know how to make their own way to and from home?
- Does your child know how far from home they can go?
- Does your child know how to cross roads safely?
- Does your child know what to do if there is an issue with public transport or they don't catch the right mode of transport?

Do you know what your child wants to do?

- It's a good idea to talk about what they're going to do while they are out playing 3x3 basketball. Are they just going playing 3x3 basketball or do they have other plans after playing 3x3 basketball? You both might feel more comfortable with a plan in place. Do they know to contact you and how to contact you if their plans change?

Do you know who your child will be with?

- Are they playing 3x3 basketball with people they know well?
- Are they all in the same age group?

Do you know what time your child will be out until?

- Does your child know at what time they should return home?
- Does your child know to let you know if their plans change?

Ensure your child has the necessary items they need whilst they are out of the house

- Ensure your child does not carry excess items - ensure the bag is big enough to accommodate their belongings and ensure the load in the bag is carried evenly to reduce the effect on your child's posture.

- Does your child know it is their responsibility to come back home with everything that belongs to them? To help out, consider labelling all their belongings and mark it so that it is easy for them to identify them.
- Any loss or damage to personal belongings will be the responsibility of you and your child.

Ensure your child has enough food and drink with them to meet their nutritional requirements

- Does your child know their dietary requirements should they need to purchase food whilst they are out?
- Does your child know what their allergies are?

Ensure your child has any medication they require whilst they are away from home

- Does your child know how much and how regularly they need to take their medication?
- Is your child competent to administer the medication themselves?

3x3 basketball is often played outdoors. Whilst the hot weather is welcomed by most, it is important that you take extra care to protect your child. Here is some advice on sunscreen and sun safety - <https://www.nhs.uk/live-well/seasonal-health/sunscreen-and-sun-safety/>

Ensure your child is prepared should there be an emergency whilst they are out playing 3x3 basketball.

- Talk to your child early on about scenarios they might face and how to stay safe. Ask them what they'd do and how they feel about them. Doing this will give you both peace of mind. Here are some example scenarios:
 - What if a stranger tries to talk to them or take them somewhere?
 - What if someone they know tries to take them somewhere without asking you?
 - What if someone bullies them?
 - What if someone offers them alcohol or drugs?
 - What if someone asks them to do something they are not comfortable with?
 - What if they are stopped by the police?
 - What if their phone battery dies? (if they have one) Does your child know their home address and your telephone number by heart?
 - What if they get hurt?
- Does your child know how to contact you in an emergency? If they can't reach you, do they know who else they can contact in an emergency?
- Does your child know how to contact the emergency services should they need to?

Checking in with your child

- It's best to keep talking to your child to ensure they are enjoying their experience playing 3x3 basketball. If something is wrong, it is important they feel like they can talk to you about it. The NSPCC have a range of tips and advice for having important conversations with your child - <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/>

3x3 basketball activity is often community driven. As a result, your child may be added to a group on a social media platform. The NSPCC website has advice on how to keep your child

safe on WhatsApp - <https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/2023-01-12-is-whatsapp-safe-for-my-child/>

Whilst your child may be a member of Basketball England and hold a licence with us, as 3x3 basketball is not always regulated activity, it is important to note that you will not be covered through the insurance cover provided by Basketball England's insurers, Howden, for the non-regulated activity.

If you're worried or concerned about your child's health, safety or wellbeing whilst participating in 3x3 basketball, then you should contact the relevant statutory agency:

- Children's Social Care
- Local Authority Designated Officer
- The Police – in an emergency, dial 999
- Childline – call 0800 1111 or visit www.childline.org.uk
- NSPCC – call 0808 800 5000 or visit www.nspcc.org.uk

Advice can also be provided by the Basketball England Safeguarding Team by calling 0300 600 1170 or emailing safeguardingbasketball@basketballengland.co.uk