

Jnr. NBL APPENDIX 7 & 8: ALL MUST PLAY RULE & ROTATIONAL SCHEDULE

The All Must Play rule is to create a more competitive playing environment and is to encourage all players to participate during a Jnr. NBL fixture across the age groups.

- Teams with 10 players: The coach may choose any rotation they wish. Every player must play in one five-minute period of Quarter 1 and one five-minute period of Quarter 3. No player may play in both five-minute periods of either Quarter 1 or Quarter 3.
- Teams with 11 or 12 players: It is at the coach's discretion whether Players 11 and 12 participate. If they do play in Quarter 3, they must only enter or leave the game at the five-minute interval, alongside the scheduled rotation of players.
- Teams with 9 or fewer players: The rotational schedule below must be used to manage player rotations during Quarters 1 and 3.
- Teams with 7 to 9 players: No player may play in all four five-minute periods across Quarters 1 and 3. The maximum is three periods.
- Injuries or fouled out/disqualification: If a player is injured, fouls out or is disqualified and the team has fewer than 10 players available, the coach shall decide which player fills this place, ensuring that the minutes are shared equally across the team.

ROTATIONAL SCHEDULE FOR USE ON GAME DAY

- Coaches will need to number their players and list this along with their playing number and name at the start of the game and given to the table officials.
- The template below can be printed off and used to track the playing periods.
- Before the game enter your player shirt numbers in the left column and then X which periods of Q1 and Q3 they will play.
- Use the Play Count column to track the number of periods each player has played.
- No player should be scheduled to play all four periods across Quarter 1 and Quarter 3, unless the team has only 5 or 6 players available.

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Link to full All Must Play rule
and Rotational Schedule



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