



First Aid Course Calendar



Jul 2019 – Dec 2019

RQF Emergency First Aid at Work (EFAW)

This 6hr Level 3 qualification covers First Aid for various settings both voluntary & workplace. Orientated with Sports scenarios, including CPR, injury management and Automated External Defibrillator & Anaphylaxis modules. Min age 14.

RQF First Aid at Work Renewal (FAW)

This 2 day Level 3 qualification covers First Aid for various settings both voluntary and workplace. More in depth course, with scenario-based learning. Also suitable for outdoor & more adventurous activities. Min age 14.

Emergency Aid First Aid - Sports (EA)

This 3hr course covers the essentials of Emergency Care in a Sports environment, including CPR, sporting injuries and includes Automated External Defibrillator.

Appointed Person First Aid - Sports (AP)

This 4hr course covers the essentials of Emergency Care in a Sports environment, including CPR, sporting injuries and includes Automated External Defibrillator & Anaphylaxis awareness.



Moors Valley Country Park, BH24 2ET
09:00 – 17:00



Fareham Academy, PO14 1JJ
18:30 – 21:30



Front Lawn Community Hub, Havant, PO9 5AN
18:30 – 21:30



Southampton Gym Club, SO16 9AR
18:30 – 21:30



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18:30 – 21:30



Tim Peake Sports & Conference Centre (Chichester) PO19 8AE
09:00 – 17:00



Fareham Academy, PO14 1JJ
09:00 – 17:00

Contact Lifeline Training for more information or to book your place

Outdoor, DofE, First Aid courses, Health & Safety, Sports Coach Education are also available.

Email – lifelinecourses@gmail.com Tel – 01202 470715



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