

<b>Job Title:</b>	<b>Basketball England Head of Strength and Conditioning</b>
<b>Location :</b>	Mobile working (Training venues/Competitions, Domestic & overseas)
<b>Working Pattern :</b>	Contracted to 1 day (8hrs) per week, and may include work in evenings, on weekends and public holidays as required
<b>Reports to :</b>	Head of Physiotherapy and Sports Science and Performance and Technical Manager
<b>Responsible for :</b>	Basketball England Strength and Conditioning programmes
<b>Appointment:</b>	1 year with the opportunity for extension dependant on funding
<b>Contract:</b>	Salary (per day) negotiable dependant on skills and experience

<b>Purpose of Role :</b>	To lead the development of Strength and Conditioning (S&C) in line with the Player Development Framework (PDF), mainly working within the 'Physical Robustness' Pillar.
<b>Key Accountabilities:</b>	<p>Your duties and responsibilities will include but not be limited to the following:</p> <ul style="list-style-type: none"> <li>• To assist Basketball England towards its goal of delivering a world class sports talent system by developing the sports understanding of applied sports science and medicine processes.</li> <li>• Standardise our approach to physical preparation of players across the club network and talent programmes (Aspire, Talent, Development and GB Youth Teams).</li> <li>• To be a lead on the recruitment, education, and deployment of all Strength &amp; Conditioning staff across Basketball England's Talent programmes.</li> <li>• To abide by Basketball England's rules and policies (Complaints, Equal Opportunities &amp; Equity Policy; Safeguarding Policy; Code of Ethics &amp; Conduct; Anti-Doping Rules).</li> <li>• To build a stronger understanding, appreciation and relationship with clubs, coaches, players, and parents on strength &amp; conditioning within Basketball England</li> <li>• Assist with use of Medinotes as an online database of loading data for all England Development Programme and National Teams squads</li> </ul>
<b>Operational Accountabilities:</b>	<ul style="list-style-type: none"> <li>• To utilise effective teaching/coaching strategies (including both on and off court) to enhance individual development and team performance</li> <li>• To lead and, if required, manage the work programmes of the England Development Programme and National Teams Strength &amp; Conditioning staff to ensure effective programmes are in place.</li> <li>• If required, be part of selection and interview panels for sports science/medical experts as appropriate.</li> <li>• Produce reviews of performance in any area as directed by the Head of Physiotherapy and Sport Science or Technical and Talent Performance Manager</li> <li>• Lead on research into the effects of maturity rates and physical capabilities for junior players ages 12-20</li> <li>• To support the Chief Medical Officer, Head of Physiotherapy and Sport Science, Lead Nutritionist and any other member of the Basketball England staff to achieve desired goals.</li> <li>• To work alongside the Head of Physiotherapy and Sports Science help recruit and develop a diverse range of sports science and medicine staff assigned to England and GB youth national teams.</li> <li>• To ensure adequate insurance is held in order to operate at the appropriate level for the role.</li> <li>• To maintain the highest of professional standards at all times and to adhere to all Basketball England polices including child protection</li> </ul>
<b>Relationship Management:</b>	<p><b>Talent Programmes:</b> Work alongside the Head of Physiotherapy and Sport Science to be a point of contact for all Talent Programme staff including S&amp;C coaches, physios, Team Managers and all coaches</p> <p><b>Clubs:</b> Be a point of contact for affiliated Basketball England Clubs clubs for information pertaining to S&amp;C</p> <p><b>Players/Parents:</b> To be a point of contact for all players or parents that may require information regarding S&amp;C</p>

## ***Role Requirements***

<b>Experience, Knowledge &amp; Skills</b>	<ul style="list-style-type: none"> <li>• It is essential that the post holder has had previous experience of high level and elite sports environment as well as working within the UK educational sector</li> <li>• Holds UKSCA Accreditation or has equivalent experience</li> <li>• Is committed to and has a proven track record of personal development and a willingness to embrace feedback.</li> <li>• Is a skilful and persuasive communicator with a deep understanding of world class basketball performance and the needs of players and coaches</li> <li>• Ability to educate, utilising different educational tools, across different stakeholders the key elements that the 'Robustness Pillar' requires</li> <li>• Understands how individual players are motivated and able to vary approaches to develop the very best performance and to bring the best out of existing talent — ability to make behavioural change to have a positive impact on performance</li> <li>• Is able to work effectively with colleagues both within basketball and from other organisations</li> <li>• Conveys an image that is consistent with Basketball England values, demonstrating qualities, traits and demeanour that command leadership respect</li> <li>• Is willing to work irregular hours and when needed travel both within the UK and overseas, with overnight stays and weekend work if required</li> <li>• Shows integrity and is fair, equitable and ethical in approach. Protects confidential information, adheres to policies and demonstrates loyalty to basketball</li> <li>• Able to self-organise, manage time, prioritise work and meet deadlines</li> <li>• Strives to improve performance at all levels</li> <li>• Facilitates ways for teams and staff to work effectively together</li> <li>• Strives to achieve targets and objectives</li> <li>• Brings together ideas and works towards solutions across the programme</li> </ul>
<b>Other :</b>	<ul style="list-style-type: none"> <li>• A flexible attitude to working, willing to work evenings, weekends and bank holidays. This may include irregular hours and extensive travel both within the UK and overseas</li> <li>• A valid DBS check</li> </ul>