

PLAYER DEVELOPMENT FRAMEWORK: PILLARS OF DELIVERY

AGE & STAGE	GAME AWARE	BASKETBALL COMMITTED	PERSISTENT PERFORMER	PHYSICALLY ROBUST	SKILLED TECHNICIAN
	Understands the principles of game play, everyone's role on the team, and can read in-game situations, and adapt accordingly using creativity within a game model.	Makes decisions based on being the best athlete possible. Has a performance focused work ethic and lifestyle combined with a willingness to learn.	Is mentally resilient, able to bounce back from setbacks, displays the right attitude at all times, has a relentlessly competitive approach, bravely rises to the big occasion and is prepared to take risks under pressure.	Has the physical attributes, ability and conditioning to safely and efficiently carry out their role consistently and repeatedly within training and competition.	Has a broad range of high quality skills and can use them in an appropriate and timely manner to meet the demands of basketball, and under high pressure practice and game conditions.
UNDER 10	Basic Understanding of time and space	Enjoys being active	Enjoys the challenges presented by Basketball	Development of all round quality of movement literacy	Introduction to the ball and basic finishing techniques
UNDER 12	Starting to understand own role on the team during all 'Moments of the Game'	Selects and enjoys playing basketball	Identifying goals and enjoying the journey	Focusing on basketball specific movement literacy	Learning to control the ball, space and movement skills
UNDER 14	Understanding of complex principles and game tactics during all 'Moments of the Game'	Identifies basketball as their favourite sport	Is highly motivated and determined to achieve goals within their journey	Basketball generic conditioning programme	Learning to move self and the ball, with increasing accuracy, during all 'Moments of the Game'
UNDER 16	Demonstrates tactical awareness for all 'Moments of the Game'	Commits to developing a basketball identity	Demonstrates persistence and a motivation to stick with it when things get tough	Basketball training programme	Demonstrates movement of self and the ball, accurately and consistently, and at speed, during all 'Moments of the Game'
UNDER 18	Demonstrates leadership during all 'Moments of the Game'	Basketball is extremely important	Highly motivated, self aware and focused on success	Individualised physical training programme	Advancement of technical skills with position and game focus
UNDER 25	Takes ownership of the role required for all 'Moments of the Game'	Basketball 1st within a balanced lifestyle	Evaluates and modifies goals accordingly to continue to succeed	Focused and relentless physical training, rehabilitation and recovery	Consistent employment of technical skills associated with all 'Moments of the Game'
25+	Fully able to read the game and adapt according to what is required	Basketball 1st within a balanced lifestyle	Evaluates and modifies goals accordingly to continue to succeed	Focused and relentless physical training, rehabilitation and recovery	Constant refinement of technical skills for all 'Moments of the Game'