



## FIRST AID COURSES (FAQ'S)

(Updated November 2017)

We encourage all clubs to have a first aid trainer member of each team they have, to cover all and any eventualities that may occur within a game.

Below are some frequently asked questions (FAQ's) and some further information on the ins and outs of First Aid Courses and Basketball England:

### **WHICH COURSE SHOULD I BE LOOKING TO DO?**

We don't expect you to have the knowledge of paramedics or a physiotherapist when it comes to first aid within basketball. We look for people to have a basic knowledge of first aid that can assist when injuries/accidents do occur during a game so there is no need to look for in depth courses (unless this is something you wish to do) but courses that provide you with a basic understanding and give you the basic skills to apply first aid will be sufficient.

### **DO YOU RECOMMEND ANY SPECIFIC COURSES/PROVIDERS OR DOES BASKETBALL ENGLAND RUN ANY COURSES?**

Basketball England currently doesn't run any first aid courses, but we recommend the following providers:

British Red Cross - Their first aid training supports their aim to save lives, prevent and reduce suffering and increase the wellbeing and resilience of people in the UK and across the world. To find the right course for you and find out more information on the work they do, please [click here](#) to visit their website.

St John Ambulance - St John Ambulance is the nation's leading first aid charity. Every year, more than 400,000 people learn how to save a life through their training programmes, including hundreds of thousands of young people. Their volunteers provide first aid in their communities, keeping people safe at events, and working alongside the NHS in response to 999 calls. For information on their courses and the work they do, please [click here](#).

Other Providers - We accept certificates from a range of providers. To find out if we will accept yours, please send a copy of it to [safeguarding@basketballengland.co.uk](mailto:safeguarding@basketballengland.co.uk) with the subject labelled 'First Aid Certificate'.

### **WHO NEEDS TO BE FIRST AID TRAINED?**

We don't specify which member of the team should be first aid trained. It is down to the club or team who they wish to be first aid trained so it could be the Head Coach, or it could be the Team Manager, whichever suits your team/club.

### **I HAVE DONE A COURSE PREVIOUSLY; WILL THIS BE ACCEPTABLE?**

If you have done a course through your work or for another sport, we will most likely accept it, just make sure it has a validity date and/or an expiry date!

The best thing to do is to send in a copy to [safeguarding@basketballengland.co.uk](mailto:safeguarding@basketballengland.co.uk) with the subject labelled 'First Aid Certificate' and we will let you know.

### **WILL YOU ACCEPT ONLINE COURSES?**

We believe that doing the face to face courses are a lot more suitable than online courses as you learn through demonstrating the abilities and techniques learnt. On the other hand, we do understand that everyone lives a busy life and that taking time out of your week to attend a course can be difficult.

If you send us a link to the course that you are looking to do to [safeguarding@basketballengland.co.uk](mailto:safeguarding@basketballengland.co.uk) with the subject title 'First Aid Course - Online' and then we will be able to let you know if we deem this course suitable.

We will be looking at the accreditation that comes with the course and to better understand who has approved the online course.