# WALKING BASKETBALL SESSIONS.





Walking Basketball is a walking version of the running game we know and love! Whilst our focus is on those that may struggle to participate in regular basketball. Walking Basketball is suitable for all ages, sizes and abilities.

For individuals or groups Walking Basketball can deliver a safe, fun and fitness boosting experience.

# CROYDON - THURSDAY - 11.:30AM-12:30PM

Linda Palmas - lindapalmas@yahoo.co.uk

Thornton Heath Sports Centre, 100 High Street, Thornton Heath, Croydon, London, CR7 8LF

# **NEWCASTLE** - MONDAY - 8PM-9PM

Chris Applewhite - 3142symchris@gmail.com

Gosforth Academy, Great N Road, Gosforth, Newcastle Upon Tyne, NE3 2JH

### **BRACKNELL** - WEDNESDAY - 8:30PM - 9:30PM

Ruth Fettes - ruthfettes@hotmail.com

Ranelagh School, Ranelagh Drive, Bracknell, RG12 9DA

# SHEFFIELD - THURSDAY - 8PM-9PM

Tom Garrud - walkingbasketballsheffield@gmail.com

All Saints Sports Centre, Norfolk Park Road, Sheffield, S2 2RU

# **COVENTRY - SUNDAY - 10AM**

Mike Maddox - mike.maddox@trojansbasketball.co.uk

Woodlands Academy, Broad Lane, Coventry, CV5 7FF

# WALSALL - THURSDAY - 12PM - 1PM

Alan Caron - info@walsall99ers.com

Bloxwich Active Living Centre, Bloxwich, Walsall, West Midlands, WS3 2DA

## **LEICESTER - WEDNESDAY - 6PM-7:30PM**

Mandy Payne - mandy@leicesterriders.co.uk

Leicester Sports Arena, 31 Charter Street, Leicester, LEI 3UD

### **MANCHESTER - SUNDAY- 7PM-8:30PM**

Peter Garnett - walkingbasketballmanchester@gmail.com

Manchester Basketball Centre, Wilbraham Road, Manchester, M16 8GW

# **WESTMINSTER** - WEDNESDAY - 12PM-1PM

Steve Alexander - stevealexander@walkingbasketballuk.com

Moberly Sports Centre, 25 Chamberlayne Road, London, NW10 3NB

### **HEMEL - WEDNESDAY - 6PM-7PM**

Kirsty Jones - kirstyjones@everyoneactive.com

Hemel Hempstead Leisure Centre, Park Road, Hemel Hempstead, HP1 1JS

