



CONTINUAL PROFESSIONAL DEVELOPMENT IN SAFEGUARDING

We are encouraging all clubs / area to increase the promotion of Safeguarding-related education for staff, volunteers and parents. We are in an ever-changing world and issues faced by young people and adults at risk can vary greatly. Please share the following links, and we can work together to increase knowledge throughout the Basketball community;

ANTI-BULLYING

As part of **Anti-Bullying Alliance's 'All Together programme'** they have developed a suite of free online training for anyone that works with children and young people. The programme was particularly developed to reduce levels of bullying of disabled children and those with special educational needs (SEN) but it applies to all children. The training is free to complete online from any computer/tablet.

Find the training at www.anti-bullyingalliance.org.uk/tools-information/schools-and-teachers/free-cpd-online-training

THINKUKNOW/CEOP

Thinkuknow offers a range of training courses for those who work directly with children and young people; **Keeping Children Safe Online** (KCSO) is e-learning in partnership with the NSPCC, the Thinkuknow Introduction Course and the CEOP Ambassador Course.

Find out more on their website at www.thinkuknow.co.uk/professionals/training/

CSE: PACE

Keeping Them Safe: online learning for Parents & Carers is a free package for parents and carers that explains how to identify the signs of CSE and protect children. This course has been designed by **Parents against Child Sexual Exploitation (PACE)** and has been accessed by more than 29,000 parents and professionals (as of March 2016). Access the course on their website at paceuk.info/about-cse/keep-them-safe/

Although the course is aimed at parents, practitioners and volunteers will also find this 20-30 minute online learning session a valuable source of information to:

- find out more about child sexual exploitation
- learn the signs and indicators of when a child might be being exploited

- understand the impact child sexual exploitation can have on families
- know what to do if you suspect a child might be at risk of this abuse.

DISABILITY MATTERS

Disability Matters offers free online learning packages to enable organisations, workers and volunteers to develop the communication and problem-solving skills required to engage confidently with disabled children and young people. Access the online learning on their website at www.disabilitymatters.org.uk/

There are a range of learning packages that have been recommended or endorsed by external organisations:

- Disability Basics
- Disability and Society
- Regular Contact and Support Matters
- Occasional Contact and Support Matters
- Networking Matters
- Building an Inclusive Society
- Safeguarding Basics.

FGM

Female genital mutilation (FGM) refers to procedures that intentionally alter or cause injury to the female genital organs for non-medical reasons. This practice is illegal in the UK.

The NSPCC has developed a fact-sheet to support this online learning which can be found on their website at www.nspcc.org.uk/female-genital-mutilation-fgm/.

GENDER NONCONFORMING YOUNG PEOPLE

Working in partnership with **GIRES** (the Gender Identity Research and Education Society), Surrey and Borders Partnership NHS Foundation Trust, the following website may be of use: <https://www.gires.org.uk/>

HOME OFFICE FREE ONLINE TRAINING

The **Home Office** offers a range of free online learning courses through the Virtual College, these include:

- [Female Genital Mutilation \(FGM\)](#)
- [Forced Marriage](#)
- [Radicalisation and Prevent Duty](#)

MODERN DAY SLAVERY

- This government resource is designed to share examples of training products available to public sector professionals and other individuals that might come across victims to help raise awareness, better spot the signs and increase confidence in reporting modern slavery when potential cases are encountered.
- Increased awareness and reporting helps law enforcement to tackle the perpetrators of modern slavery as well as protecting victims.
- The resource contains basic awareness raising materials. For many professionals more advanced or bespoke training will be appropriate and the materials here are not intended to be the extent of the training required by any sector.
- Find the resource at www.gov.uk/modern-slavery-training-resource-page
- Find more resources on our [Modern Slavery & Human Trafficking resource](#).

PREVENTING RADICALISATION

Many practitioners are concerned about preventing radicalisation – access the **Channel General Awareness** online module on their website at course.ncalt.com/. This module will help raise awareness and covers concerns that a:

- person is at risk of radicalisation
- venue is being used for promoting extremism
- speaker at a public or council venue is promoting extremism.

The **Education and Training Foundation** have developed a suite of free online training modules designed for further education and training providers to raise awareness of their responsibilities in complying with the Prevent duty. This is in recognition that all staff, governors and board members are required to be Prevent duty trained. The modules provide awareness training in the context of Prevent duty responsibilities in further education and training and can be found on their website at www.foundationonline.org.uk

SELF HARM AND RISKY BEHAVIOUR

The **MindEd 'Self-Harm and Risky Behaviour'** online module is aimed at a universal audience and provides the background to self harm in children and teenagers, common associated conditions and the optimal approach to managing it in the community.

Find this resource on their website at www.minded.org.uk

SUICIDE PREVENTION

We need to talk about suicide: helping everyone to feel more confident to talk about suicide is an e-Learning programme that has been developed for the wider public health workforce including voluntary sector, blue light services, prison staff and prison listeners health and social care. It was developed by a range of experts including experts by experience i.e. those people who have attempted to take their own lives and those bereaved and affected by suicide.

Two-thirds of people who take their own lives are not known to mental health services. Almost everyone thinking about suicide doesn't want to stop living they just want to stop the pain and distress they are feeling. Talking about suicide does not make someone more likely to take their own lives. Another person showing compassion and care can only make things better not worse.

The programme takes approximately between 60-90 minutes to complete.

How the programme may be used:

- as an introduction to suicide awareness and suicide prevention skills
- to consolidate existing skills on suicide prevention
- as part of an organisation's induction process, reflecting a commitment to reducing death by suicide
- for personal and professional development.

Proposed target audience:

- non-mental health practitioners
- anyone working with the public across a wide range of settings
- anyone in a volunteering role with contact with the public
- administrative and support staff in health and care across a range of settings such as primary care, acute and supported living settings
- administrative and support staff in other public sector settings such as local authorities and the voluntary sector
- public health/health promotion staff across all sectors including local authorities, NHS and primary care.

The learning is specifically aimed at making sure that everyone in contact with the public, in whatever role, knows how to spot any signs of mental distress and feel comfortable in talking about suicide.

Talking about suicide can be used as a normal part of all our interactions at home, in the workplace and in the wider community.

Find the course at www.nwyhelearning.nhs.uk/elearning/HEE/SuicidePrevention/

TRAFFICKING

ECPAT UK provides training throughout the UK and internationally on child protection in tourism and on the protection of child victims of trafficking. The ECPAT UK online learning course '**In Your Hands - Safeguarding Child Victims of Trafficking**' is part of a national training programme to increase awareness and highlight the specific support needs of trafficked children.

The free learning package can be used individually, in small groups or during training sessions. To use the e-tool you will need to register first on their website at course.ecpat.org.uk/

UNDERSTANDING YOUNG MINDS

Virtual College have worked in partnership with **SelfharmUK** to create a free online course designed to help parents talk about the issue of self-harm with their children - find the course at www.virtual-college.co.uk/resources/resource-packs/understanding-young-minds